The AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident was established in 1996 through a grant from the Greenwall Foundation and the Klingenstein Third Generation Foundation in honor of Beatrix A. Hamburg, MD, former president of the William T. Grant Foundation and an AACAP Life Fellow. This award honors her commitment to the education and development of young investigators by recognizing the best new research poster by a child and adolescent psychiatry resident and AACAP member.

Maria Andreu Pascual, MD, completed her general psychiatry training in Valencia, Spain. While doing her training, she was involved in pediatric mental health and led several efforts to implement child mental health in Spain. Dr. Andreu Pascual received a Mental Health Masters with a concentration in child psychiatry from the Universitat de Elche, Alicante. During that time, she was involved in mentoring nursing students at the Universitat Catolica de Valencia. To expand her knowledge in child psychiatry, she completed observerships at St. Mary’s Hospital in London, and at Women’s Hospital in Toronto. Dr. Andreu Pascual is currently completing her child and adolescent psychiatry fellowship at Western Psychiatric Institute and Clinic of University of Pittsburgh Medical Center through a nationally recognized grant offered by the Alicia Koplowitz Foundation. In her fellowship she combines her interests of pediatric trauma and bipolar disorder in her clinical experiences as well as her research. Her current research focuses on the development of bipolar disorders in pediatric populations and the possible effects of trauma on this group.

I am honored to receive this award and feel grateful to be part of a thriving research community focused on understanding mood disorders in pediatric populations and their relationship to trauma. I am endlessly thankful for the mentorship of Drs. Boris Birnbaumer, Jessica Levenson, and Sannea Jacobson. I am thankful to the Alicia Koplowitz Foundation and AACAP for their support of research through my residency.